

COACHING CONTRACT AND WAIVER

We agree to the following Coach-Client Contract:

1) I have read the information in the document "Coaching Policies," and agree to abide by its terms during our professional Coaching relationship (including cancelation policies, limits to confidentiality, phone call procedures, and mutual rights to discontinue if other referrals are more appropriate/needs change).

2) I have an understanding of the differences between psychotherapy and coaching (addressed on Chris' website as well as in the policies document) and have asked any clarifying questions before signing below.

3) I understand that our specific scheduling and fee agreements, to be paid in advance or at the time of meetings, are as follows:

(Any changes to this procedure must be mutually agreed upon in writing)

4) We agree to focus our discussions and/or mind-body-spirit integrative exercises on the following identified areas for change or inspiration development:

5) While Chris, the coach, may make suggestions or offer advice as part of the coaching process, I, the client, assume sole responsibility to decide what actions to take regarding my life situation. I agree not to consider Chris legally responsible concerning any undesired outcomes I may view as associated with the coaching relationship. As a coaching client, I take full responsibility for my own results after the coaching meetings occur. ***I agree to hold Dr. Chris Chance harmless from any legal claims, actions, or judgments.*** We are aware that, if absolutely necessary, we both have the right to seek arbitration with an agreed upon third party to mediate and resolve any significant contract dispute.

Client printed name

Date

Client Signature

Coach printed name

Date

Coach signature